



VOICES

February-March 2022 v. 7

THEME FOR 2022: LIVING EVERY DAY WONDER

Spiritual living doesn't just happen on the meditation cushion or on Sunday mornings. It is a way of life that happens every moment of every day. It is applying spiritual tools on a regular and consistent basis—a daily basis. When we do this, life flows easier, we have clearer choices. There is wonder in every day waiting for us to live it!

SUNDAYS IN FEBRUARY: *Wonder and the Inner Life*

February 6	"Who am I?"	Rev. Frances
February 13	"Cause and Effect"	Rev. Matthew
February 20	"Forgive to Live"	Rev. Frances
February 27	"The Wonder of Fun"	Rev. Frances

MARCH SUNDAYS: *The Metaphysics of Wonderland*

Metaphysical means "above the physical" or the inner spiritual meaning of something. Alice represents the seeker in all of us. She is the spiritual initiate trying to realize her oneness with God. Over the next 8 weeks discover how Alice found the key to the inner sanctuary and came to understand that nothing is impossible through the Christ within, the presence of God within us. Wonderland is only a dream away. However, it requires that we make a conscious effort for us to journey there.

Attend our in person Sunday services at 9:30 and 11:00 AM at 206 North J Street with meditation, message and live music and meet like-minded people. Or go to our YOUTUBE broadcast at 9:30 AM. Our services are also archived. Go to csltacoma.org

TOGETHER WE THRIVE AT THE

CSL: ROUND TABLE



THANK YOU FOR YOUR 2022 PLEDGES TO CSL-TACOMA! THANK YOU FOR YOUR SUPPORT OF OUR ROUND TABLE EVENT! WE HAD A WONDERFUL TIME PLAYING WITH YOU. WE WILL THRIVE IN 2022.

MINISTER'S LETTER

Every person on the face of our planet has suffered grief and loss and pain. But there is that within us that intuitively recognizes the Good: the beauty, joy, abundance and wonder of life.

We have consistently risen out of a victim mindset through profound moments of spiritual revelation and connection. We can take responsibility for our creative spiritual nature and co-create a better life for ourselves and the world. By grieving our hurt, releasing and forgiveness we can rewrite our belief systems and begin the process of creating a new future.

Join our Forgiveness Workshop on February 19, 2022 and enroll in our March classes. We discover that spiritual discipline is the road to personal freedom. And working together, we realize we are supported in this journey.

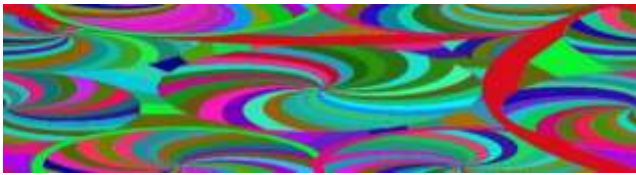
Also we are resuming our Children's Church on Sunday, March 7, 2022 after almost two years of on-line Sundays. Aili Jordan is our instructor. It will be at 11:00 AM.

Love and Blessings,

Rev. Dr. Frances Lorenz

Rev. Dr. Frances Lorenz

CLASSES, GROUPS & WORKSHOPS



SPIRITUAL LIVING CONNECTION CIRCLE

Date: 1st and 3rd Wednesdays, February 2 and 23

Where: On Zoom

When: First and third Wednesday 9:30-11 AM

Facilitator: Doug Taylor, RScP.

Cost: Free with love offering for the facility

The class discusses current articles in the *Science of Mind* magazine. Register with instructor to receive your free materials: dougzaylor@gmail.com

Meets for six months. Participants receive a free copy of the on-line version of the *Science of Mind* magazine and discussions are held around it.

WORKSHOP: QUANTUM FORGIVENESS

**Saturday, February 19 9-4 PM \$80 on ZOOM
with Rev. Frances and Rev. Matthew Brecht**

This workshop combines Desmond Tutu's work *The Book of Forgiving*, Edith Stauffer's *Unconditional Love and Forgiveness* and David Hoffmeister's *Quantum Forgiveness: Physics, Meet Jesus*. This is a great opportunity to free yourself of any condemnation and return to love.

Self Mastery Class

Instructor: Beverly J. Holland, RScP., a master practitioner with more than 19 years in practice.

Date: Mondays beginning March 7-April 25, 2022

Where: on Zoom

Time: 8 weeks **Investment:** \$ 200 includes \$45 fee to CSL Home Office CORE class

Text: *Living the Science of Mind & The Four Agreements*

Treatment and Meditation Class

Date: Tuesdays, beginning March 1 2022

Instructor: Doug Taylor, RScP

Where: On Zoom

Time: 6:30-8:30 PM **Investment:** \$ 200

Where: On Zoom

8 weeks-ends April 19, 2022

This course focuses on supporting students in developing lifetime habits of meditation and Spiritual Mind Treatment. Initially, Spiritual Mind Treatment for oneself is reviewed and strengthened; and then students advance to treating for other people.

Textbooks: *Journey of Awakening* by Ram Dass
Can We Talk To God? by Ernest Holmes

MINDFULNESS MEDITATION RESUMES IN MARCH

For over fifteen years, Jude Rozhon led a Mindfulness Meditation Group at CSL on Thursday evenings. She used both Thich Nhat Hahn's meditation along with the Loving Kindness Meditation. She has retired and is living in Olympia. Her protégé, Rev. Drew Ebersole, will lead the practice on Thursday evenings. Meditation begins at 7 PM and goes until 7:45, followed by a short break and then a short talk by Drew. Please join us on Thursday, March 4, 2022 for Mindfulness Meditation.



I have arrived. I am home.

I am home.

In the here, in the now, I am solid.

I am free. In the ultimate I dwell.

Hold these Dates!

**KINDLING THE CELTIC SPIRIT:
Irish Show and Supper**

When: Thursday, March 17

Where: APCC 4851 South Tacoma Way

Time: 5:30-8:30 PM

SPIRIT with catered Irish dinner

Tickets: \$55 includes dinner and show;

Open bar with wine & green beer

Hear Irish songs, comedy, stories and learn about ancient Celtic traditions with Terry O'Hara, Karyn Plonsky, & men Mario Lorenz, written & narrated by Rev. Frances Lorenz. Guest appearances by Saint Patrick, a Druid, and a Leprechaun will join our festivities.



St. PATRICK'S DAY

Menu

*Irish cheeses * Curried parsnips*

Shamrock Salad

Irish beef and lamb stew (Vegan option)

Yummy St. Patrick's Day Desserts

Irish Cream Coffee

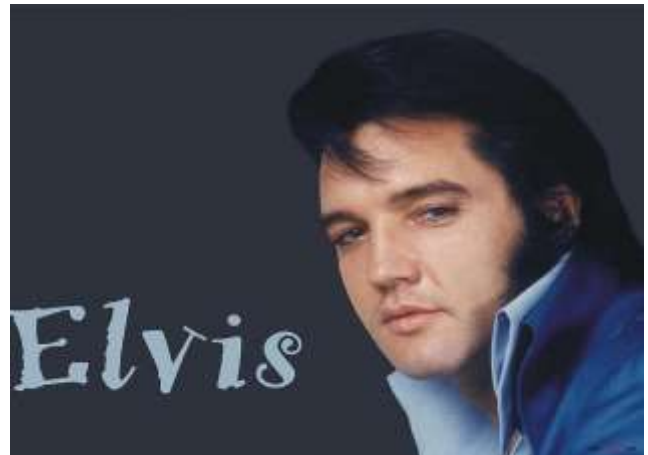
**GRACELAND: Friday, May 20,
2022**



WHERE: Edison Square 5415 S Tacoma Way

TIME: 5:30-8:30 PM **TICKETS:** \$ 75

Fifties Style Dinner: Elvis and Veggie Burgers
Salad Bar Great Desserts from Dessert
DashLive, silent auction, Elvis Impersonator,
Band from Dain Norman and a 50's DJ for a lot
of fun dancing at our CSL "Sock Hop".



VOLUNTEERS NEEDED FOR OUR AUCTION

Join our auction team!

**You too can be part of creating
GRACELAND**

Procuring items for Silent Auction.

Selecting fabulous adventures for our Live
Auction. Helping set up for the Auction at
the site. Decorating the tables and site.
Painting the sets. Helping with check-out.

Contact: franceslorenz@gmail.com (253)
363-2956

SEASON FOR NONVIOLENCE AND BLACK HISTORY MONTH

A Season for Nonviolence

Founded years ago by the AGNT (Association for Global New Thought), the Season for Nonviolence is designated from Jan. 30 – Apr. 4. Here is how the AGNT describes it:

“A Season for Nonviolence is a national 64-day educational, media, and grassroots campaign dedicated to demonstrating that nonviolence is a powerful way to heal, transform, and empower our lives and our communities.” CSL-Tacoma did a community-wide celebration of the 1998 Season for Nonviolence around the theme of “Words that Heal” to deter domestic violence. CSL-Tacoma also initiated “Tacoma Talks Kind Day” in recognition of how our words can create peace or violence.

CSL Tacoma will be celebrating the season by praying the 40 day prayers for racial healing and honoring Martin Luther King and Mahatma Gandhi in its services through April 4, 2022.

Martin Luther King’s six principles of non-violence were taught to civil rights workers in the 1960s. Now 60 years later, they are still valuable to us.

MLK’s six principles of non-violence

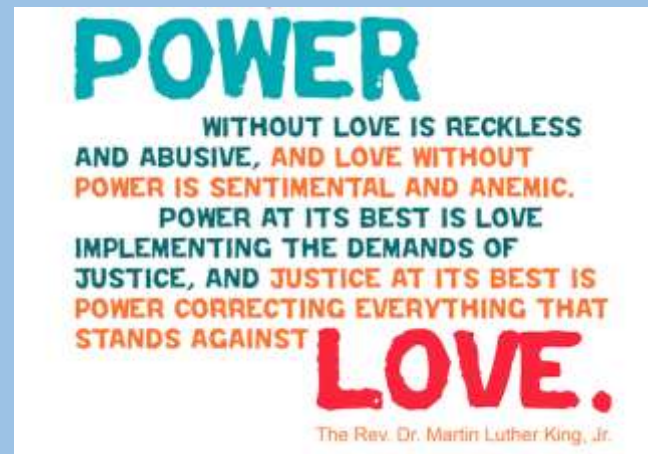
Martin Luther King Jr. once said, “True peace is not merely the absence of tension, it is the presence of justice.”

1. Nonviolence is not for the faint of heart.
2. Nonviolence seeks to defeat injustice, not people.
3. The goal of nonviolence is reconciliation.
4. Redemptive suffering holds transformational power.
5. Nonviolence pertains to physical acts and internal thoughts.
6. The Universe is on the side of justice.

A FORCE FOR GOOD: 40 days of prayer for racial healing

Watch for a separate mailing of these prayers which were written by Rev. Kathianne Lewis and a team of practitioners in Seattle. We are joining this opportunity to change consciousness around racism.

This is designed to celebrate Black History month and a Season for Nonviolence.



**Place your heart and mind
in the Center of Reality
where all is well and ever
shall be.**

HAPPY VALENTINE’S DAY

ANNUAL MEMBERSHIP MEETING
Meeting on Zoom at 2:00 PM. We will send out the Zoom link on Wednesday, February 23, 2022. We are electing a new trustee We will review achievements this past year, as well as plans for the future of our beloved community. Mark your calendars. It’s very important for all our members of record to attend.