

GOALS

IN THIS WORKSHOP YOU WILL:

- * **ASSESS** the stress in your life currently
- * **DISCOVER** the highly negative impact of stress on all our lives that ultimately results in illness and disease
- * **UNDERSTAND** the context of change and spiritual skill sets needed to handle uncertainty and change
- * **LEARN** the tools that reverse the impact of long-term stress and pressures of life
- * **CREATE** a personal vision for your life and your future

BENEFITS

- * **LEARN** techniques to help discover and treat the stress in your life
- * **MASTER** methods that reduce stress on a day to day basis
- * **EXPERIENCE** the body-mind-spirit connection
- * **REDISCOVER** the power of affirmative prayer



Center for Spiritual Living-Tacoma
206 North J Street
Tacoma, WA 98403

Address

THE TURNING POINT

A 2-DAY INTENSIVE WITH
JOYCE LECHUGA

SATURDAY, NOV 18, 2017 9-6 PM
SUNDAY, NOV 19, 2017 1-5 PM



Reverse stress. Reconnect to your deeper Self and develop a greater awareness of the spiritual nature of your life. Rediscover your inner beauty and potential. Learn practical tools that facilitate healing...



206 NORTH J STREET, TACOMA, WA 98403

REGISTRATION

THE TURNING POINT

SATURDAY, NOVEMBER 18, 2017

9:00-6 PM &

SUNDAY, NOVEMBER 19

1:00-5:00 PM

COST: \$140

\$125 EARLY BIRD BY OCTOBER 29

Name	
Address	
City	State
Zip	
Email	
Cell #	()
Paypal	go to www.csltacoma.org
Card Type	VISA <input type="checkbox"/> MC <input type="checkbox"/>
Number	
Exp. Date	CVC #
Zip Code of Billing Address	
# of enrollees	
Amount authorized \$	
Yes, I'd like CA CEU credit for this class <input type="checkbox"/>	
Signature	



Joyce Lechuga creating her workshops.

THE TURNING POINT workshop opens participants to life mastery, a vast opportunity to a turning point that causes us to consciously remember that there is so much more to all beings and to life than meets the eye. It offers an unparalleled adventure to take a spiritual quantum leap ... right into the heart of the quantum universe within and all around.

WORKSHOP ASSISTANTS

GERRY CRIPPEN holds a M.S. in Health Education and has served as a facilitator and trainer for Joyce Lechuga & Associates. She is an RN and currently is a telephone triage nurse. She is completing her Practitioner studies at CSL-Tacoma.

J MICHAEL GAUTNEY holds an M.A. in psychology, is a CSL Practitioner, educator and experienced group facilitator. He is an active volunteer and serves on the CSL Tacoma Board of Directors. In his career, he manages the process and performance improvement department of a large healthcare system in the Pacific Northwest, coaches leaders, individuals and teams to become more productive in the work setting.

ABOUT JOYCE LECHUGA

JOYCE IS AN RN, psychotherapist, CSL practitioner and speaker. She is known for her focus on mind/body medicine and its integration into current western models of health care. Joyce's warmth, creativity and commitment to teaching people the magic of their personal power is the hallmark of her transformative teachings.

Since founding the Center for Health Awareness in San Jose, California, over 25,000 professionals have attended her seminars. Joyce now lives in Maui where she directs Joyce Lechuga & Associates.

Joyce Lechuga and Associates is an approved provider of CEUs for the California Board of RNs, Provider #07366.

WHO SHOULD ATTEND

- * **MANAGERS**
- * **TEACHERS**
- * **NURSES**
- * **HEALTH PROFESSIONALS**
- * **CHILD CARE WORKERS**
- * **MINISTERS**
- * **CSL PRACTITIONERS**
- * **ANYONE** who wants to learn methods to reduce stress and access ways to handle uncertainty and experience deeper joy in life

**INFO AT:
CSLTACOMA.ORG
\$140 | EARLY BIRD \$125**